## **Migraine Prayer**

I have wanted to experiment with drums in worship for some time. Not just drumming along to songs which don't need drums. Rather, a creative, pulsing, living use of rhythm in our speech, our reading, our praying.

Good Friday may seem an odd time to start playing with the congregation's sensibilities, but this year the sense of the drumbeat accompanying Jesus up the hill to Golgotha was inescapable. The drumbeat which, in the words of "There's a Light Upon the Mountains" is the heartbeat of his love. The heartbeat which gradually fades, on the cross, into the deafening silence with which God answers Jesus' cry of desolation. "My God, my God, why have you forsaken me?"

A simple beat at around 40bpm seems to work, but use whatever rhythm suits your context

Pounding Thumping Pulsing

Children squabbling

Shouting Arguing

"I'm in charge,"
"No, I'm in charge,"
"No, I'm in charge,"

Pounding Thumping Pulsing

Children squabbling

Shouting
Arguing
"I'm in charge,"
"No, I'm in charge,"

"No, I'm in charge,"

MUM!!!!!

Drumbeat (8 beats)

The busyness of Passover Roasted lamb Baked bread Wine poured

Bickering as they dunk Dunking as they bicker

Wine poured Wine spilled

Table thumped Fingers pointed The betrayer The betrayer The betrayer

Drumbeat (8 beats)

Echoing the previous stanza

The betrayer The betrayer The betrayer

The drums
The drums

Beating a path From prayer to prison From prison to palace From palace to prison

To prison To prison To prison

Beating a path

To the Hill of the Skull

Beating a path

To the place of doom

Beating a path

To the end of all hope

Beating Beating Beating

Drumbeat (8 beats)

Beating Beating



**Beating** 

Heart Beating **Fists** Beating Words Beating

Beating Heart

Fear **Paralysis** 

Heart

Pounding Heart Racing Pulsing Throbbing Pressure **Sweats** Fear Panic

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Feet dragging

Fear

Pounding Thumping Screaming Panting Screaming

Racing Screaming No more No more

No more

## Drumbeat (8 beats) then silence

My God, my God, why have you forsaken

me?

My God, my God, why have you forsaken

My God, my God, why have you forsaken

me?

